

REGIONAL CONDITIONS FOR ENTRY

EAST WALES

(A) Birth: If born in Blaenau Gwent, Newport, Monmouthshire, Torfaen, Powys and Caerphilly

(B) Residence: If have been resident, (9 months) continuously in East Wales since August 1st, 2024

(C) Retention: If having qualified under (b) or (c), they retain the qualification until they acquire residential qualification and compete in the championships of another Welsh region, or an English county AND They have not taken part in a different Welsh Regional or English County Championships and not represented another Welsh Region or and English County in an Inter-Regional or Inter County event since October 1st, 2024.

SOUTH WALES

(A) Birth: If born in one of the five administrative counties of Bridgend, Cardiff, Merthyr Tydfil, Rhondda Cynon Taff and the Vale of Glamorgan or in the former Mid Glamorgan section of Caerphilly (previous selected athletes only)

(B) Residence: If have been resident, (9 months) continuously in South Wales since August 1st, 2024

(C) Retention: If having qualified under (b) or (c), they retain the qualification until they acquire residential qualification and compete in the championships of another Welsh region, or an English county AND They have not taken part in a different Welsh Regional or English County Championships and not represented another Welsh Region or and English County in an Inter-Regional or Inter County event since October 1st 2024

WEST WALES

(A) Birth: If the athlete having been born in West Wales (Dyfed or West Glamorgan).

(B) Residence: if the Athlete has been in residence a minimum of 9 months continuous in West Wales immediately prior to this event

NORTH WALES

1. Birth: born within the area covered by N.W.R.A.C.

2. Residence: Continuous current residence within the area covered by N.W.R.A.C. for at least 9 months.

3. Retention: An athlete may retain his/her existing qualification to represent N. Wales and compete in the N. Wales Regional Championship, provided that he/she has not represented another Region or County, nor competed in a different Regional or County Championship in the same year of competition.

4. Where an athlete competes for a club not based in Wales but does qualify on one of the above three criteria.

SOUTH WEST ENGLAND

(A) Birth: The athlete having been born in the South West of England, comprising the counties of Avon, Cornwall, Devon, Dorset, Somerset, Wiltshire, Gloucestershire.

(B) Residence: A minimum of 9 months continuous residence in the South West immediately prior to the event to be competed in. NB: University Residence does not count as a South West qualification.

(C) Retention: By first claim membership of an EA affiliated Club within the South West competition area that has registered with EA for Track and Field and is a paid-up member of the EA registration scheme